

Aikido



Saturday May 21, 2016 | SEMINAR

with Instructors:

GE Nomura, Shihan

Technical Director,
Aikido Institute of San Francisco

Alex Peterson, Shidoin

Chief Instructor,
Summit Aikikai

Rob Schenk, Shidoin

Chief Instructor,
Aikido Institute of San Francisco



\$20 09:00-10:00 am

10:15-11:15 am

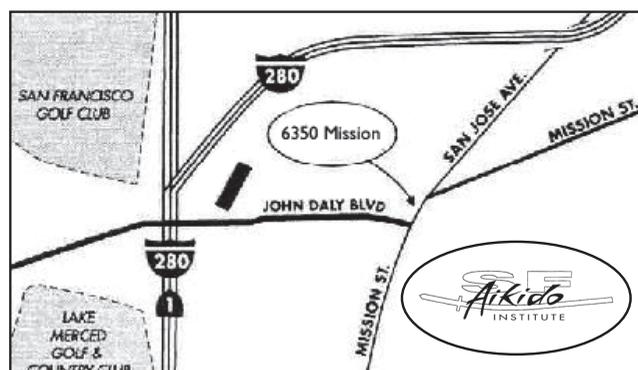
11:30-12:30 pm

From the East (Bay Bridge)

I-80 W becomes US-101 S. Merge onto Hwy 280 south (Daly City). Exit at San Jose Blvd./Mission St. off ramp. San Jose Blvd. merges into Mission St. at the "Top of the Hill." The dojo is to your right.

From Hayward (San Mateo Bridge)

Take CA-92 W, cross the San Mateo Bridge. Exit onto US 101 N toward San Francisco. Take the exit (north of SFO) onto I-380 W toward San Bruno/Daly City. Take exit 5A to merge toward San Francisco, merge onto I-280 exit at the Daly City/Westlake off ramp. Merge onto Junipero Serra Blvd. Continue several blocks to John Daly Blvd. (BART Station) and turn right. Continue up the hill to Mission St. and turn left.



Aikido Institute of San Francisco • 6350 Mission St. Daly City, CA
credit cards accepted • aikidosf.com • 650.991.9291